

	Emily	Ea	Kris	Anthony	Angela	Amber	Ash	Deb	Lyn	Daphne	Mere	Phoebe	Katie	Cass	Milesa	Helen	Aithea
OCD	X		X	X	X	X		X	X	X	X	X	X	X	X	X	X
GAD	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
PTSD		X	X	X	X	X	X	X	X	X	X	X					
Heath Anxiety	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Personality Disorders		X		X		X	X	X	X		X	X			X	X	X
Children	X		X		X								X	X			
Adolescents	X		X		X								X	X	X		
Skin Picking			X							X	X		X	X	X	X	X
BDD	X					X		X	X	X	X		X	X	X	X	X
Relationship issues		X		X		X	X	X	X	X	X	X			X	X	X
ADHD																	X
Autism																	X
Trich			X							X	X		X	X	X	X	X
Eating Disorder						X		X				X			X	X	X
Tourette's			X							X	X		X	X	X		
Tics			X							X	X		X	X	X		
Insomnia		X		X		X		X			X	X	X	X	X	X	X
Hoarding	X												X	X			
Social Anxiety	X		X	X	X		X	X	X	X	X	X	X	X	X	X	X
Men's Health	X		X	X		X		X	X	X	X		X				X
Pregnancy anxiety	X	X				X			X	X		X					X
Specific Phobias	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Katie

Tess
BDD
OCD
Anx
anxiety
child
teens/15
new parents

	Emily	Ea	Kris	Anthony	Angela	Amber	Ash	Deb	Lyn	Daphne	Mere	Phoebe	Katie	Cass	Milesa	Helen	Ailthea
OCD	X		X	X	X	X		X		X	X	X	X	X	X	X	X
GAD	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
PTSD		X	X	X	X	X	X	X	X	X	X	X				X	X
Heath Anxiety	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Personality Disorders		X		X		X	X	X	X		X	X			X	X	X
Children	X		X		X								X	X			
Adolescents	X		X		X								X	X	X		
Skin Picking			X										X	X	X		X
BDD	X					X		X		X	X		X	X	X		X
Relationship issues		X		X		X	X	X	X	X	X	X			X	X	X
ADHD													X	X			X
Autism													X	X			X
Trich			X							X	X		X	X	X		X
Eating Disorder						X		X				X			X		X
Tourette's			X							X	X		X	X	X		
Tics			X							X	X		X	X	X		
Insomnia		X		X		X		X			X		X	X	X		X
Hoarding	X												X	X			
Social Anxiety	X		X	X			X	X	X	X	X		X	X	X	X	X
Men's Health	X		X	X				X			X		X	X			X
Pregnancy anxiety	X	X				X			X	X		X					X
Specific Phobias			X	X	X	X	X	X		X			X	X	X	X	X

OCD Clinic Reception

From: Anxiety House Manager
Sent: Thursday, 31 January 2019 10:29 AM
To: Admins
Subject: New Clinician

Dear Bec, Tonia, Andrea, Sarah,

We have a new clinician.

Her name is Katie and she is really experienced.

I have attached her bio below.

She will be working Mondays and Tuesdays from 18th February 2019 at the OCD Clinic.

She is amazing – but please be respectful of the type of client she would prefer not to see (highlighted in RED).

Treatment Areas:

- Anxiety of any type
- OCD and Phobias
- Perinatal anxiety/depression
- Health Anxiety
- Children and Adolescents
- Self esteem issues

(Also happy to see:)

- PTSD, sleep and insomnia, eating disorders

(Prefer not to see:)

- Relationship, couples, men's health

Description:

Katie is a Clinical Psychologist registered with the Australian Health Practitioner Regulation Agency and the Australian Psychological Society. She has completed a Doctorate of Clinical Psychology and has over 13 years' experience working with clients experiencing anxiety and other mental health issues. She has worked in both private and public settings as a Senior Clinical Psychologist, Team Leader, International Programs Director, and STAP qualified Clinical Supervisor. She has presented at Conferences and Workshops, both nationally and internationally. Katie has a special interest in the treatment of phobias, generalised anxiety, panic disorder and perinatal distress. Her approach to treatment is based on a solid formulation, tailored to the individual, and she predominantly uses Cognitive Behavioural Therapy (CBT) and Acceptance and Commitment Therapy (ACT).

Kind regards

Kym Geier

Group Operations Manager

Katie Waller (OCD)	Katie is a registered psychologist/Clinical Psychology Registrar with the Australian Health Practitioner Regulation Agency and has completed a Masters of Clinical Psychology. She has with experience in a wide range of clinical and therapeutic environments. Areas of interest include adolescent and adult psychology with a focus on anxiety disorders and enhancing the psychological health of the working population. Member of the Australian Psychological Society and two-time presenter at the Cognitive Behavioural Therapy Conference in both Australia and Europe.	<ul style="list-style-type: none"> - OCD - Skin Picking - Hoarding - Trichotillomania/skin picking - Body Dysmorphia - Sleep insomnia - Adolescents & adults - Any anxiety phobia - Depression - Low self esteem 	<ul style="list-style-type: none"> - Eating disorders - Couples - trauma 	Mon-Thurs
Milesa Cepe (OCD)	Milesa is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency. She has a Postgraduate Diploma in Clinical Psychology and Masters of Science majoring in Psychology from the University of Canterbury. Milesa is passionate about helping children and adults. She chose to study clinical psychology to ensure that her values aligned were in line with her career. Areas of interest include adolescent and adult psychology with a focus on anxiety. Milesa's predominant therapy includes Cognitive and Behavioural Therapy (CBT). OCD	<ul style="list-style-type: none"> - Anxiety - Depression - Self-Esteem - Low mood - Excessive thinking - Fear of evaluation & judge GAD - SAD - *Eating disorders - *Relationship - adol/adults (13-25) - Specific phobias 	<ul style="list-style-type: none"> - Eating disorders - Drug & alcohol depend - Couples - Domestic violence - Self harm 	Wed Thurs Fri Sat
Dr Kris Ojala (OCD)	Kris is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency and has completed a Masters of Clinical Psychology. He has spent the last ten years working predominantly with anxiety and OCD. He has experience in facilitating OCD group programs for both children and adults. He has conducted professional development workshops on the treatment of OCD and anxiety both nationally and internationally. He enjoys working with children and families to create a team approach to understanding and managing emotional distress. He has developed targeted programs for assisting boys in building confidence and self- belief during the transition to manhood.	<ul style="list-style-type: none"> - OCD - Anxiety - Men's Health 	<ul style="list-style-type: none"> - Eating disorders - Drug & alcohol depend - Couples - Domestic violence - Self harm 	Tues, Wed, Fri

<p>Dr Lyndall Dwyer (OCD)</p>		<ul style="list-style-type: none"> - GAD SAD - PDDs - Depression - Self esteem <p>KEEN:</p> <ul style="list-style-type: none"> - Perinatal - Post natal - Younger "little ones" with Anxiety and/or Behavioural difficulties 	<ul style="list-style-type: none"> - adolescents 	<p>Tues Wed</p>
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Dr Cynthia Turner (OCD)	Daphne is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency. She has eighteen years' experience working with Obsessive Compulsive Disorder. She has worked in anxiety clinics in England and been involved in the training of clinical psychology students. She supervises clinical students completing their Masters. She is publishing a treatment manual on Obsessive Compulsive Disorder. She is current a Lecturer at ACU but consult one afternoon a week at The OCD Clinic	<ul style="list-style-type: none"> - Anxiety Disorders - Obsessive-Compulsive Disorder - Tics - Tourette Syndrome - Body Dysmorphic Disorder 		Mon afternoon
Rebecca Alamaa (AH)	Rebecca is a Registered Psychologist with the Australian Health Practitioner Regulation Agency and has completed a Master's of Science in Psychology. Rebecca has a kind and gentle approach with her clients and is very focussed on getting the best outcomes for them. She has worked with a range of mental health difficulties but has a focus in anxiety disorders in adults. Rebecca's skill set includes training in Cognitive and Behavioural Therapy (CBT).	<ul style="list-style-type: none"> - Adult Anxiety - Insomnia - Depression - Self-Esteem 		Tues, Wed, Thurs, Sat
Phoebe Thomas (AH)	Phoebe is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency. She has a Postgraduate Diploma in Clinical Psychology and Masters of Science majoring in Psychology from the University of Canterbury. She has worked across several different services ranging from youth outpatient units, forensic, eating disorder as well as general mental health presentations. She has been involved in setting up a cohesive psychological therapy group program which involves several intervention modalities including Dialectical Behaviour Therapy, Acceptance and Commitment Therapy, Psychoeducation and Cognitive Behavioural Therapy.	<ul style="list-style-type: none"> - Adult Anxiety - Insomnia - Depression - Self-Esteem - Eating disorders - Personality disorders 	- Mod to severe OCD	Wed-Sat

	the individual. He uses predominantly Cognitive Behaviour Therapy (CBT) and Acceptance and Commitment Therapy (ACT).			
Ashleigh (AH)Trinder	Ashleigh is a Clinical Psychologist who has worked in several organisations. She has a Doctorate of Clinical Psychology Queensland University of Technology. She had experience in treating a range of mood and anxiety disorders in adolescents and adults. Ashleigh's approach to treatment is based on a solid formulation and tailored to the individual. She uses Cognitive Behaviour Therapy (CBT)	- Anxiety Disorders		Monday
Dr Angela Randall (AH)	Angela is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency. She has completed a Masters of Clinical Psychology and a PhD focused on family influences on social and cognitive development in pre-schoolers. She has over eight years' experience with clients with anxiety and other mental health issues. She was the Senior Psychologist at Child and Youth Mental Health Service having spent time working in both public and private settings. She is a clinical supervisor (STAP trained).	- Anxiety of any type - OCD - Mood Disorders - working with children and teenagers and their families - working with children with anxiety and co-morbid autism spectrum	- Adults with severe presentations, - Postnatal - Eating disorders as primary - Older woman - Adults resisting therapy	Mon-Thurs
Amber Rattray (AH)	Maternity leave	-		
Dr Daphne Bryan (OCD)	Daphne is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency. She has completed a Doctorate of Clinical Psychology. She has completed a picking and hair pulling program through the OCD LA Centre. She has delivered CBT and ACT group programs and written several programs on cyber bullying and improving self-esteem. She has worked in inpatient and outpatient settings and presented her research at the AACBT conference. She uses Cognitive Behaviour Therapy (CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behaviour Therapy (DBT), and Schema Therapy.	- OCD - Anxiety - Skin picking - Hair pulling program	- Personality disorders - Depression as prim - Eating disorders - Low self esteem - Females - perfectionism mid 30s to late - Difficulty conceiving	Wed-Sat

Cassie (OCD)	Cassie is a Clinical Psychologist registrar with the Australian Health Practitioner Regulation Agency and has completed a Masters of Clinical Psychology. Cassie has experience working with children and adolescents with OCD. Cassie has completed her Masters in Clinical Psychology at Griffith University. Cassie works as a therapist on the OCD Intensive Treatment Program (Gold Coast). Cassie also had a strong interest in Body Dysmorphic Symptoms. Cassie's uses Cognitive Behaviour Therapy (CBT) including exposure and therapy	<ul style="list-style-type: none"> - OCD - Childhood anxiety - Adolescent anxiety - Body dysmorphic disorder - Substance abuse in context of anxiety (small caseload) 	<ul style="list-style-type: none"> - Trauma - Ongoing health issues (cancer) 	Wed, Thursday
Meredith (AH)	Meredith is a Clinical Psychologist who has worked in several organisations with the last couple of years being the Anxiety Disorders Service in New Zealand. She has conducted seminars on anxiety disorders and anxiety management for government and non-governmental organisations. Meredith has experience in treating a range of mood and anxiety disorders. She was involved in teaching registrar psychiatrists about CBT for mental health issues. Meredith has conducted research on the impact of the Canterbury earthquakes on individuals with anxiety. She has also investigated the impact of progress monitoring in CBT treatment.	<ul style="list-style-type: none"> - Adult anxiety disorders - Depression - OCD - Prolonged Exposure - Complex presentations 	<ul style="list-style-type: none"> - couples 	Skype
Dr Anthony Teo (OCD)	Anthony is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency and has completed a Masters of Clinical Psychology. He has eight years of experience working with clients managing anxiety and other mental health difficulties. He has worked in both inpatient and outpatient settings. He is an accredited trainer and facilitator of evidence based prevention and treatment programs for anxiety and OCD. He has conducted training for resilience enhancement and anxiety both nationally and internationally. He has published research on the prevention of anxiety in young people. His approach to treatment is based on a solid formulation and tailored to	<ul style="list-style-type: none"> - Adult Anxiety - Adult OCD - Depression - Relationship Difficulties - Self-Esteem. 	<ul style="list-style-type: none"> - Personality disorders 	Mon - Thurs

Clinician	Intro	Treatment Areas	Dislikes	Availability
Emily (OCD)	<p>Dr Emily O'Leary is a Clinical Psychologist and the founder and Director of two psychology clinics, The OCD Clinic Brisbane and Anxiety House. Emily is best known for her work in the treatment of Obsessive Compulsive Disorders and Anxiety Disorders. With a PhD in Psychology, a Post Graduate Diploma in Clinical Psychology and a BA Honors in Psychology, Emily is relatable in her approach to clients and families.</p> <p>Emily is a popular speaker across worldwide radio, online and print media, including ABC Radio, ACA, Today Tonight and Courier Mail. As a regular columnist for Mindfood, Emily is committed to raising awareness of the complexity of health conditions such as OCD and Anxiety. Emily is a Member of the Australian Psychological Society (APS); a Member of Australian Psychological Society; the College of Clinical Psychologists (CClin); the Psychology Board of Australia; a Professional Member of the International Obsessive Compulsive Disorders Foundation (IOCDF); and a Board Approved Supervisor (Clinical Psychology).</p>	<p>- OCD</p> <p>Website www.ocdclinicbrisbane.com.au www.anxietyhouse.com.au www.dremilyoleary.com</p>	<p>- Couples</p>	<p>Wed, Thursday, Friday Sat</p>
Ea (AH)	<p>Ea is a Clinical Psychologist with the Australian Health Practitioner Regulation Agency and has completed a Doctorate of Clinical Psychology. Ea has experience working with adults in a range of settings, including community, hospital, and university clinics. She has worked with a range of mental health difficulties including anxiety, mood difficulties, health and brain injury. She also has an interest in working with individuals who suffer from trauma. Ea's approach to treatment is based on a solid formulation and tailored to the individual. She uses Cognitive Behaviour Therapy (CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behaviour Therapy (DBT), and Schema Therapy.</p>	<p>- All Anxiety Disorders</p> <p>- neuropsychological areas such as brain injury, stroke, brain tumour)</p> <p>- PTSD</p> <p>- Work anxiety</p> <p>- Personality Disorders leading to other forms of anxiety.</p> <p><i>New</i></p>		<p>Mon-Thurs</p>